Learning Adventures

Monday 19th to Friday 23rd October



Take a look at this week's learning and exploring, it is linked to our focus words, that are highlighted in bold.

We **turn** our wrist so 'thumb to the sky and Peter pointer down', when using cutting and scooping tools.



We have been playing games involving the number **three.**



We made and used shakers to keep to the **rhythm** as we sang.









We **squeeze** the playdough.



We **move** our hands and fingers so we have the correct grip with scissors and mark makers**.**







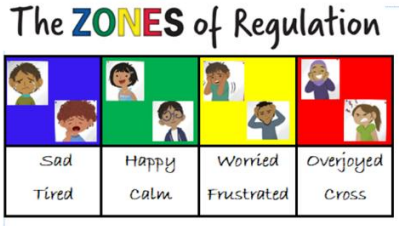
We **scoop** mud, sand, water, pom poms and pumpkins.



We told Jo Jo about our first term at nursery including things we are **proud** of.



We talk about what we can do when we feel **frustrated.**



Week after half term break:

Caterpillars, Grasshoppers and Ladybirds will be singing the song Tiny Tim (I had a little turtle).
Our key words of the week will be **respect, kind, gentle.**
Bumblebees and Dragonflies will be singing Bonfire Night song.
Our key words of the week will be **shapes, pumpkins, celebrate, feel.**

At home this half term break

Enjoy a wonderful half term together. Please email a photo of any family adventures you go on as the children love to tell us about their lives outside of nursery. Use the rainy weather to practice our coat flip as well as taking off and putting on clothes, wellies and shoes.

Independence and Frustration

During time together this week the children were talking about how it feels when we are ‘frustrated’. It was very convenient as they were finding it hard to remove their wet weather gear and welly boots.

We talked about feeling ‘frustrated’ when something is hard to do. We reassured them that it is ok to feel frustrated and showed that it means we are in the yellow zone. We talked about what strategies we could use when we are feeling frustrated. Some children asked for help and we also talked about **persevering**. This is when we keep trying, even though it is hard.



As we encourage the children to become more independent, it is natural that they will feel frustrated (and so may the adults with them). However, we need to provide time in the day to allow them to learn to persevere, *with guidance,* during a hard, but achievable task before immediately asking for help. Their self-belief will increase as they feel proud of themselves after persevering.

Below is an image describing our nursery coat flip so you can practice this at home now it is officially ‘coat weather’!

