



COOKHAM NURSERY SCHOOL

WEEKLY UPDATE 19.06.26

THIS WEEK

The children have really enjoyed the sunny weather and all the activities that our Nursery garden has to offer! We have been discussing ways to stay healthy and the importance of looking after our bodies as we grow. We talked about the types of exercise that we all enjoy and how it helps us to maintain heart health and strengthen muscles. The children were very knowledgeable about eating a balanced diet and drinking plenty of water or milk. We mentioned that getting enough sleep helps us to be ready to learn and that washing hands and taking care of our teeth are essential parts of our daily routines. We plan to find out more about looking after our teeth next week!

The Nursery environment has been full of opportunities for mark-making with every activity enhanced and extended with tools to encourage the children to make their marks. They have written messages in cards, menus and recipes, invitations to parties, speech bubbles, signs and lists and more. One highlight has been when we created labels to describe a sleepy but friendly crocodile. We read the book 'Dangerous' first, decided on our words and then wrote labels to stick all over the crocodile's body.



On Wednesday we were visited by the Earthsong Drummers. They use wonderful imaginative stories and role play, taking the children on a musical journey around the world. We tried out some interesting instruments and learnt about rhythm, tempo and volume when we played the drums.

Thank you for practising throwing and catching balls at home with your children! It was great to see how they had improved their skills when we used the balls again in Group Time, as well as notice their enthusiasm to aim and be accurate when playing with their friends.





NEXT WEEK



We will continue to explore the work of different artists when we look at some of the art of David Hockney and discover how he used colour, perspective and marks to create his beautiful landscapes, portraits and still-life pieces. We will talk about how he used different media and find the similarities and differences as we compare his work with that of Yayoi Kusama.

Hearing the initial sound in words is the next step after 'onset-rime' in building children's phonological awareness. Onset-rime is where words are split into two parts, the sounds before the first vowel and after. The children have impressed us with their ability to hear the word as we have played word games with them in Group Time, as well as throughout free flow. Next week we will play I-Spy with things we see in our environment, encouraging the children to say the sounds and then guess the word. Please do have a go at home so that your child can practise their sound skills!



AT HOME

Ask your children what they have learned about looking after their teeth. Ask them how often and for how long should we brush for? Encourage them to brush for two minutes twice a day with your support. Discuss which foods and drinks help their teeth to stay healthy as well as remembering regular visits to the dentist for a check-up.

