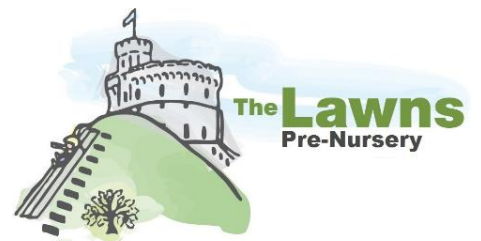




Our Learning



This Week

18th May to 21st May 2026

This week we have continued to learn about caring for plants. The children have enjoyed the story 'Jasper's Beanstalk' by Nick Butterworth and Mick Inkpen. Our Pre-Nursery children have had a great time exploring different seeds in soil. This has sparked some lovely back and forth conversations about what type of seeds they are investigating and what they might grow into. Many are hoping for a giant beanstalk in our Pre-Nursery Garden! They have all planted their own pea seed and will care for their plant over the next few weeks. Once they start to sprout, we will send them home!



At Home

Gardening with young children offers numerous benefits. This includes developing sensory, visual, fine and gross motor and cognitive skills. It also promotes a love for nature, encourages healthy eating and teaches patience. Why not try planting some cress seeds yourself at home? Here is a guide from the Royal Horticultural Society to make a cress head pot!

RHS
Garden Wisley rhs.org.uk/wisley

Make a window sill cress head pot

Equipment list:

- Empty clean yogurt pot
- Coloured card
- Scissors
- Double-sided sticky tape
- Colouring pens or pencils
- Cotton wool
- Water
- Cress seed

- 1 Cut a piece of coloured card that is big enough to wrap around the pot and use double-sided tape to stick it down.
- 2 Draw or paint a funny face on the pot using felt tip pens or paint.
- 3 Use a handful of cotton wool balls, squeeze out any excess water, then use them to fill the pot 3/4 full.
- 4 Evenly sprinkle the cress seeds on top of the cotton wool and press them down gently.
- 5 Place the filled pot in a dry, sunny spot like on a windowsill. Sit back and watch your cress grow. You should start to see your seeds sprouting within a few days. Spray with water if the cotton wool starts to dry out.

Let your imagination run wild when decorating your pot. It can be a human, animal or even a made up monster face, the choice is yours.

Don't forget you can buy your cress seeds from the Wisley Garden Centre.

To harvest your cress crop, simply snip off with scissors. Cress is delicious in an egg mayonnaise sandwich, mixed into a salad, or sprinkled over a soup - yummy!

You could read Jasper's Beanstalk at home. This story follows Jasper patiently waiting for his bean to grow. Other good books to develop vocabulary linked to growing are the traditional tale, 'Jack and the Beanstalk' and 'Everything Grows' by Raffi and Nina Mata.



Our key words this week...

Grow, plant, beans