



Our Learning



Weekly update 27th – 31st January

This week we have been learning about the exciting and colourful celebration of Lunar New Year, where many different places around the world celebrate the new moon. Xander's mum and dad visited the nursery to tell us about how they celebrate Chinese New Year at home. Xander was so excited to show off his special hat and he played with the children pretending to be a Chinese New Year dragon, making loud noises to scare away the bad luck.

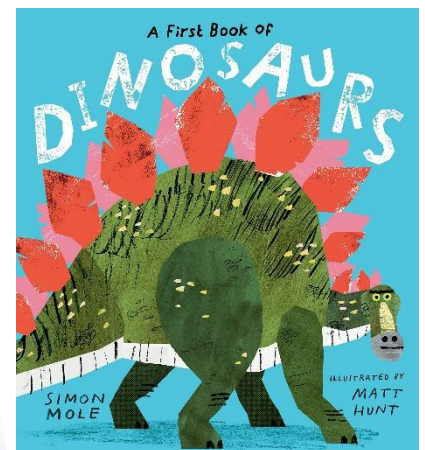


The extremely windy weather this week has created the perfect conditions for bubble blowing outside. Not just one of the most fun activities but helpful for developing concentration, hand-eye coordination and a good introduction to calm, purposeful, slow breathing. To create the best bubbles the children needed to keep persevering, trying over and over again to get it right. We discovered that blowing with too much strength and too quickly (known as explosive breathing) creates no bubbles but if you can control your breathing and blow slowly then you will be treated to multiple bubbles to catch and pop!



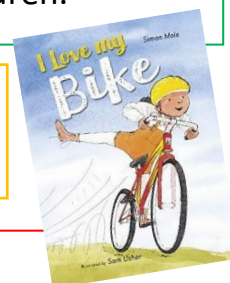
Next Week: 3rd – 7th February

Next week is National Storytelling Week. On Wednesday 5th February a poet and author called Simon Mole will be coming to perform some of his poetry and read his books as well as creating some original poetry with the help of the children.



Key Words:

Similar, alternative, inspire, challenge, creator



At home...

- Try some mindful bubble blowing to practice breathing control. Calm, purposeful, slow breathing can help relax and unwind – then run around and try and pop them all!
- Watch the episode of [Jo Jo and Gran Gran](#) when they celebrate Lunar New Year. If you fancy celebrating, Maidenhead town centre host a big celebrations every year with stalls and a lion / dragon dance. Details are [linked here](#)

