



# Our Learning



## This Week

Monday 15<sup>th</sup> July to Friday 19<sup>th</sup> July

We have had so much fun at nursery this week. We listened to the story 'Bears in the Night' which uses positional and directional language throughout. We then enjoyed taking on the role of either a robot, or a controller. This involved using a remote control to direct our 'robot' friend to move forwards, backwards and sideways. This activity has helped to reinforce the children's directional vocabulary and understanding of positional language.

To encourage us to relax at the end of this term we have been participating in some yoga sessions. This has many benefits as it improves our posture, flexibility, strength, balance and co-ordination. It also enhances our sense of well-being, helping us to process our emotions and calm our mind and body.

What a brilliant time we had on our party day. We rocked the dancefloor with some amazing dance moves and even got stickers for taking part in party games and activities. It was a lovely social occasion, chatting with our friends, sharing food and making lovely memories.



## Next Week

Monday 22<sup>nd</sup> July to Wednesday 24<sup>th</sup> July

We will be enjoying spending time with our friends reading our favourite stories, taking part in our favourite activities and playing games such as 'the water challenge' which is often soggy but the best game ever!

We would like to wish you all a very happy summer holiday. We will really miss our leavers (and their grown-ups). It has been such a pleasure being part of the children's learning journey, seeing them grow and mature into the fabulous children that they are, please do stay in touch.

We look forward to welcoming back our remaining children in September and hearing about their summer experiences.

## At Home

You may like to play 'robots' with your child, ask them to move using directional language such as '3 steps forward, 2 sideways, 1 backwards, turn around and freeze,' then swap roles.

You may like to try out some yoga poses at home, we have attached some suggested poses for you.